

Viktorija's Vaišvilaite CV

Education

1983: graduated from Vilnius University, psychology specialty;

1984: Specialization "Neurosis and psychotherapy", Leningrad M. Bechterew psychoneurology Institute

1989: business communication courses for coaches. Tallinn Pedagogical Institute and the consulting firm "Mainor Consultant" program. 200 hours

1993: Vilnius University, PhD in psychology

1995: recognition of psychotherapist qualification by Lithuanian Society of Group Psychotherapy

1998: recognition of psychologist psychotherapist first qualification category Lithuanian Ministry of Health

1996- 2004: Studies by the European Institute of Psychodrama (PIfE, Berlin, Germany) program. Recognition of psychodrama psychotherapist qualification.

2002: Training in Kaunas University of Medicine. Subject "Psychoanalytic supportive psychotherapy", 80 hours

2004- 2005: Training in Kaunas University of Medicine. The topic "Personality disorder treatment in terms of psychoanalytic psychotherapy". 150 hours

2010: Training in Kaunas University of Health Sciences "Cognitive behavioral psychotherapy for anxiety disorders and depression". 160 hours

Attending in conferences

2000: Estonia, Parnu. International psychodrama conference "Baltic Moreno Days "

2001: Germany, Berlin. 6th International European Psychodrama Institute (PIfE) Conference

2002: Latvia, Jelgava. International psychodrama conference "2nd Baltic Moreno days". Workshop presentation "Woman's Dreams in the twenty-first century" (with Friedel Geisler)

2004: Klaipeda, Lithuania. International Psychodrama Conference "3rd Baltic Moreno Days" member of Organizing Committee

2005: Vilnius, Lithuania. 13 th Congress of the European Association of Psychotherapy "Widening borders of Europe - Widening borders of Psychotherapy". Prepared and read the report "On the Resistance in Psychodrama"

2005: Krakow, Poland. 8th European Psychodrama Institute (PIfE) Conference

2012: Vilnius, Lithuania. International psychiatric conference "Bridging Eastern and Western Psychiatry". Prepared and read the report "Group Psychotherapy for Patients with Panic Disorder"

2014: Vilnius, Lithuania. Congress of the European Association for Psychotherapy "How Art and Science Meet". Prepared and read the report "Group Psychotherapy for Patients with Panic Disorder: The Search for Better Approach"

Job experience

1983-1990: Vilnius University, Special Psychology Laboratory. Junior Research Fellow

1991-1992: Šiauliai psychoneurology dispensary. Psychologist

1992- 2015: Šiauliai Republican Hospital, psychotherapeutic unit. Medical psychologist, psychotherapist. Content of work group and individual psychotherapy.

1994-2015: LTL Siauliai University. Lecturer

Since 2016: Šiauliai Republican Hospital. Psychiatric Clinic. Psychologist psychotherapist

Publications

1. Stulpinas V., Vaišvilaitė V. (1999) Šeimos rekonstrukcijos metodas (pagal V.Satir)/ Grupinė psichoterapija Lietuvoje. Sud.R. Kočiūnas. Vilnius: Via Recta. P.219-234

2. Vaišvilaitė V.(2002) Psichogimnastikos pratimai ir praktiniai jų taikymo aspektai/ Psichikos sveikatos prielaidos. Šiauliai: ŠU leidykla. P.71-86

3. Vaišvilaitė V. (2006) Apšilimas kaip psychodramos proceso dalis / Ugdymo psichologija : mokslo darbai, nr.17. ISSN 1392-639X p. 33-37.

4. Vaišvilaitė V. (2008). Psychodrama. /Psichoterapija. Knyga profesionalams ir smalsiesiems. ISBN 9789955511915 p. 263-281.